

Lunch

Amazing Brunch!
Saturday & Sunday
10am - 3pm

Salad

Mixed Greens, Tomato, Feta Cheese, and Peppers.	3.25/side 5.25/large
Add Free Range Chicken Breast or Albacore Tuna Salad	1.99
Add Free Range Egg Salad	1.79
Dressings ~ Newman's Own Ranch or Low-Fat Italian, Bluegrass' House Vinaigrette or Bleu Cheese Peppercorn.	

Soups and Side Dishes

Soup Made Fresh Daily and served with crackers. See our Soup & Specials board for details...

Blue Cheese Cole Slaw	1.99
Macaroni & Cheese on Farfalle Pasta with Monterey Jack, Cottage Cheese, and Peas.	2.99/cup 4.25/bowl

Sandwiches & Burritos with Kettle Chips.

Albacore Tuna Salad - Chunk White Tuna with Celery, Red Peppers, and Greens. Served on Sourdough or Wheatberry Toast, or Ciabatta. 5.95

B.L.T. - All-Natural Country Cured Bacon or Vegetarian Bacon with Tomato, Greens, and Mayo on Sourdough or Wheat Toast. 5.25

Boca™ Burger - The Delicious Vegetarian Alternative served with Lettuce, Tomato, Red Onion, and Sharp Vermont White Cheddar. Please specify your condiments. 6.25

Hot Bologna - Thick-cut WV Raised All-Natural Bologna sauteed in tangy barbecue sauce and served on sourdough toast with greens, tomato and onion. 5.95

Egg Salad - Made Daily with Organic Eggs, Fresh Dill, Celery and Greens. Served on Sourdough White or Wheatberry Toast, or Ciabatta. 5.25

The French Provincial - Crusty French Bread with Artichoke Hearts, Basil Pesto, Sun Dried Tomato, Avocado Spread, Greens, Goat Cheese and Provolone. 5.95

Greek Burrito - Feta Cheese, Olive Tapenade, Tomato, Red Onion, Greens, and Sundried Tomato Mayo - Grilled in a Flour Tortilla. 5.50

Grilled Black Bean Burrito - Seasoned Black Beans, Sour Cream, and Melted Jack Cheese Grilled in a Flour Tortilla. Served with Organic Blue Corn Chips and Salsa. 5.75

Add Free Range Chicken Breast for Burritos 1.99

Italian Meatball Grinder - Three large 'Puzo Family Recipe' Meatballs of Ground Chuck and Pork Simmered in Marinara, served in Crusty French Bread with Provolone Cheese. 6.50

Muenster & Pesto Grilled Cheese - Grilled to Perfection on an Artisan Ciabatta Roll. 3.95

The Perfect Chicken - Lemon & Thyme Roasted All-Natural Chicken Breast layered with Bacon, Sundried Tomato-Mayo, and Swiss Cheese then Panini-Grilled inside-out on Artisan French Bread with Greens and Tomato. 6.95

Reuben Kincaid - Lean All-Natural Corned Beef Sauteed with Sauerkraut and served with Melted Swiss Cheese and Spicy Sputnik Dressing on Marble Rye Bread. 6.25